

Caregivers' Support Group

“Shared sorrow is half sorrow, while shared joy is double joy.”

This support group is being held for the forgotten heroes, the family caregiver. If you are providing care for a family member or a loved one, you are invited to attend and participate in these confidential gatherings. Family members or friends of long-term care facility residents are also welcome to attend.

Meetings are held at 12:00 Noon every second and fourth Tuesday of the month at
**The Library of
Guthrie Towanda Memorial Hospital Personal Care Home**
603 William Street
Towanda, PA 18848

Meeting Dates for 2017

January 10, 2017	February 14, 2017
January 24, 2017	February 28, 2017
March 14, 2017	April 11, 2017
March 28, 2017	April 25, 2017
May 9, 2017	June 13, 2017
May 23, 2017	June 27, 2017
July 11, 2017	August 8, 2017
July 25, 2017	August 22, 2017
September 12, 2017	October 10, 2017
September 26, 2017	October 24, 2017
November 14, 2017	December 12, 2017 (Luncheon)
November 28, 2017	Merry Christmas

For further information, questions, or directions, call Leslie Wizelman's Wyalusing Office at (570) 746-3844 and ask for **Kathy Morrison** or call the B/S/S/T Area Agency on Aging toll free (800) 982-4346 and ask for **Carol Dieffenbach**.