

# Caregivers' Support Group

“Shared sorrow is half sorrow, while shared joy is double joy.”

**This support group is being held for the forgotten heroes, the family caregiver. If you are providing care for a family member or a loved one, you are invited to attend and participate in these confidential gatherings. Family members or friends of long-term care facility residents are also welcome to attend.**

Meetings are held at 12:00 Noon every second and fourth Tuesday of the month at  
**The Library of**  
**Guthrie Towanda Memorial Hospital Personal Care Home**  
603 William Street  
Towanda, PA 18848

## Meeting Dates for 2018

January 9, 2018	February 13, 2018
January 23, 2018	February 27, 2018
March 13, 2018	April 10, 2018
March 27, 2018	April 24, 2018
May 8, 2018	June 12, 2018
May 22, 2018	June 26, 2018
July 10, 2018	August 14, 2018
July 24, 2018	August 28, 2018
September 11, 2018	October 9, 2018
September 25, 2018	October 23, 2018
November 13, 2018	December 11, 2018 (Luncheon)
November 27, 2018	Merry Christmas

For further information, questions, or directions, call Leslie Wizelman's Wyalusing Office at (570) 746-3844 and ask for **Kathy Morrison** or call the B/S/S/T Area Agency on Aging toll free (800) 982-4346 and ask for **Carol Dieffenbach**.