

Caregivers' Support Group

“Shared sorrow is half sorrow, while shared joy is double joy.”

This support group is being held for the forgotten heroes, the family caregiver. If you are providing care for a family member or a loved one, you are invited to attend and participate in these confidential gatherings. Family members or friends of long-term care facility residents are also welcome to attend.

UNTIL FURTHER NOTICE FOR CAREGIVERS' SUPPORT GROUP MEETINGS
PLEASE CALL 1-866-730-7514, PIN # 716046

Meetings are held at 12:00 Noon every second and fourth Tuesday of the month at
The Wellness Room, 3rd Floor of
Guthrie Towanda Memorial Hospital Personal Care Home
603 William Street
Towanda, PA 18848

Meeting Dates for 2021

January 12, 2021	February 9, 2021
January 26, 2021	February 23, 2021
March 9, 2021	April 13, 2021
March 23, 2021	April 27, 2021
May 11, 2021	June 8, 2021
May 25, 2021	June 22, 2021
July 13, 2021	August 10, 2021
July 27, 2021	August 24, 2021
September 14, 2021	October 12, 2021
September 28, 2021	October 26, 2021
November 9, 2021	December 14, 2021
November 23, 2021	(Luncheon) Merry Christmas

For further information, questions, or directions, call Leslie Wizelman's Wyalusing Office at (570) 746-3844 and ask for **Kathy Morrison** or call the B/S/S/T Area Agency on Aging toll free (800) 982-4346 and ask for **Carol Dieffenbach**.