

Caregivers' Support Group

“Shared sorrow is half sorrow, while shared joy is double joy.”

This support group is being held for the forgotten heroes, the family caregiver. If you are providing care for a family member or a loved one, you are invited to attend and participate in these confidential gatherings. Family members or friends of long-term care facility residents are also welcome to attend.

Meetings are held at 12:00 Noon every second and fourth Tuesday of the month at
The Wellness Room, 3rd Floor of
Guthrie Towanda Memorial Hospital Personal Care Home
603 William Street
Towanda, PA 18848

Meeting Dates for 2019

January 8, 2019
January 22, 2019

February 12, 2019
February 26, 2019

March 12, 2019
March 26, 2019

April 9, 2019
April 23, 2019

May 14, 2019
May 28, 2019

June 11, 2019
June 25, 2019

July 9, 2019
July 23, 2019

August 13, 2019
August 27, 2019

September 10, 2019
September 24, 2019

October 8, 2019
October 22, 2019

November 12, 2019
November 26, 2019

December 10, 2019 (Luncheon)
Merry Christmas

For further information, questions, or directions, call Leslie Wizelman's Wyalusing Office at (570) 746-3844 and ask for **Kathy Morrison** or call the B/S/S/T Area Agency on Aging toll free (800) 982-4346 and ask for **Carol Dieffenbach**.