

Caregivers' Support Group

“Shared sorrow is half sorrow, while shared joy is double joy.”

This support group is being held for the forgotten heroes, the family caregiver. If you are providing care for a family member or a loved one, you are invited to attend and participate in these confidential gatherings. Family members or friends of long-term care facility residents are also welcome to attend.

Meetings are held at 12:00 Noon every second and fourth Tuesday of the month at
The Wellness Room, 3rd Floor of
Guthrie Towanda Memorial Hospital Personal Care Home
603 William Street
Towanda, PA 18848

Meeting Dates for 2020

January 14, 2020	February 11, 2020
January 28, 2020	February 25, 2020
March 10, 2020	April 14, 2020
March 24, 2020	April 28, 2020
May 12, 2020	June 9, 2020
May 26, 2020	June 23, 2020
July 14, 2020	August 11, 2020
July 28, 2020	August 25, 2020
September 8, 2020	October 13, 2020
September 22, 2020	October 27, 2020
November 10, 2020	December 8, 2020
November 24, 2020	December 22, 2020 (Luncheon)
	Merry Christmas

For further information, questions, or directions, call Leslie Wizelman's Wyalusing Office at (570) 746-3844 and ask for **Kathy Morrison** or call the B/S/S/T Area Agency on Aging toll free (800) 982-4346 and ask for **Carol Dieffenbach**.